

Effective Interventions 2008



- **Stroke nursing: extra-ordinary intervention**
- **TIA: a potential lifesaver in disguise?**
- **Stroke incidence: how do we stack up internationally?**
- **Where to now for acute stroke care?**

Nursing Symposium - Thursday 23 October
Stroke Forum - Friday 24 October

**James Cook Hotel Grand Chancellor,
Wellington**

Two days addressing nursing delivery,
primary prevention, and acute stroke
intervention and secondary prevention



GENERAL INFORMATION

Venue

James Cook Hotel Grand Chancellor,
147 The Terrace, Wellington
0800 275 337

Contact person

Julie Cuttance, Stroke Foundation
National Office,
julie_cuttance@stroke.org.nz
0800 78 76 53

GST

Fees as listed are inclusive of GST

Registration

Participants will be issued a tax receipt on payment of fees. Please complete the attached registration form and keep a copy for your records – fee must accompany completed form. Completed registration forms can be sent to the Stroke Foundation National Office by **Fax** (04) 472 7019 (payment by credit card)

Mail

The Stroke Foundation of NZ,
PO Box 12-482, Wellington 6144
(cheques made out to the Stroke Foundation of NZ)

Online

Go to **www.stroke.org.nz** to make a secure online credit card payment

Withdrawal

Should you need to cancel your registration for any reason, you may reassign your registration to another person. Please notify Julie Cuttance of the replacement delegate's name and contact details. If you are unable to arrange a replacement, a refund (fee less \$50 administration charge) will be made, providing notification is received before 26th September. After that date, refunds will be at the Organising Committee's discretion.

Cancellation

If, for reasons beyond the organising committee's control, either the Symposium or Focus Day is cancelled, registration fees will be refunded after the deduction of expenses already incurred.

Disclaimer of liability

Neither the Stroke Foundation of NZ nor the Organising Committee will accept liability for damages of any nature sustained by participants or loss of or damage to their personal property as a result of attending either the Symposium or the Friday Forum.





Nurses Symposium - Thursday 23rd October

- 8.30 - 9.15 Registration
9.15 - 9.25 Welcome and opening
9.25 - 10.00 Keynote address - "A vision for stroke nursing" Lin Perry
10.00 - 10.45 "Supported Communication Strategies for Nurses" Simone Newsham
10.45 - 11.00 Morning tea
11.00 - 11.45 "Dysphagia, swallow screening and nutrition" Lin Perry
11.45 - 12.30 NZ Know-how 1: mouth cares, improving incontinence management
- Various presenters
12.30 - 1.15 LUNCH
1.15 - 1.45 a patient's perspective
1.45 - 2.30 "Acute stroke nursing" Lin Perry
2.30 - 3.00 NZ Know-how 2: Hawkes Bay arm alert, patient focused goal setting
- Various presenters
3.00 - 3.15 Afternoon tea
3.15 - 3.45 "Balance - more than just a functional issue" Tamsin Gallie
3.45 - 4.15 "Imaging for nurses" Prof. Alan Barber
4.15 - 5.00 Panel / plenary

Stroke Forum - Friday 24th October

- 8.30 - 9.15 Registration
9.30 - 9.40 Welcome & opening Dr John Fink
9.40 - 10.30 Keynote address "Stroke: NZ in a global context"
"Emeritus Prof. Ruth Bonita
10.30 - 10.50 "ARCOSS: What are the implications for NZ?" Prof. Alan Barber
10.50 - 11.10 Morning tea
11.10 - 11.30 "Maori and Stroke" Dr Matire Harwood
11.30 - 12.00 "The evidence for Ministry of Health initiatives reducing stroke
incidence" Dr Sandy Dawson
12.00 - 12.45 Panel - (Chair John Fink) - Ruth Bonita, Alan Barber, Matire Harwood,
Sandy Dawson
12.45 - 1.30 LUNCH
1.30 - 2.30 "TIA: An opportunity squandered" Dr Clay Johnston
2.30 - 3.00 "NZ TIA risk stratification and case management tool"
Dr John Gommans
3.00 - 3.20 Afternoon tea
3.20 - 3.30 Launch TIA guideline
3.30 - 4.15 "Advancing Stroke Care: locked and loaded" Dr Clay Johnston
4.15 - 4.45 Panel - (Chair John Fink) - Clay Johnston, John Gommans,
Matire Harwood



PRESENTERS

Dr Lin Perry

Dr Perry (RN MSc PhD), qualified as a nurse in the UK in 1987 and has worked in a wide variety of clinical settings in UK acute health care services, hospital wards, practice development, service quality improvement and clinical research positions and has been extensively involved with rehabilitation and community-based continuing care services. She has experience of nurse education, as a Senior Lecturer involved in both undergraduate and post-qualification level curricula development, management and delivery. She has primarily been a researcher for more than ten years, with most of her work focused on stroke service development and evaluation. Dr Perry is a member of the UK Intercollegiate Working Party for Stroke and remains actively involved in development and production of evidence-based clinical guidelines for stroke management from pre-hospital through to continuing care.

Dr Perry is a Senior Fellow at the Newcastle Institute of Public Health, NSW and has published and presented extensively internationally. She currently serves as editor of the Journal of Advanced Nursing.

Emeritus Prof. Ruth Bonita

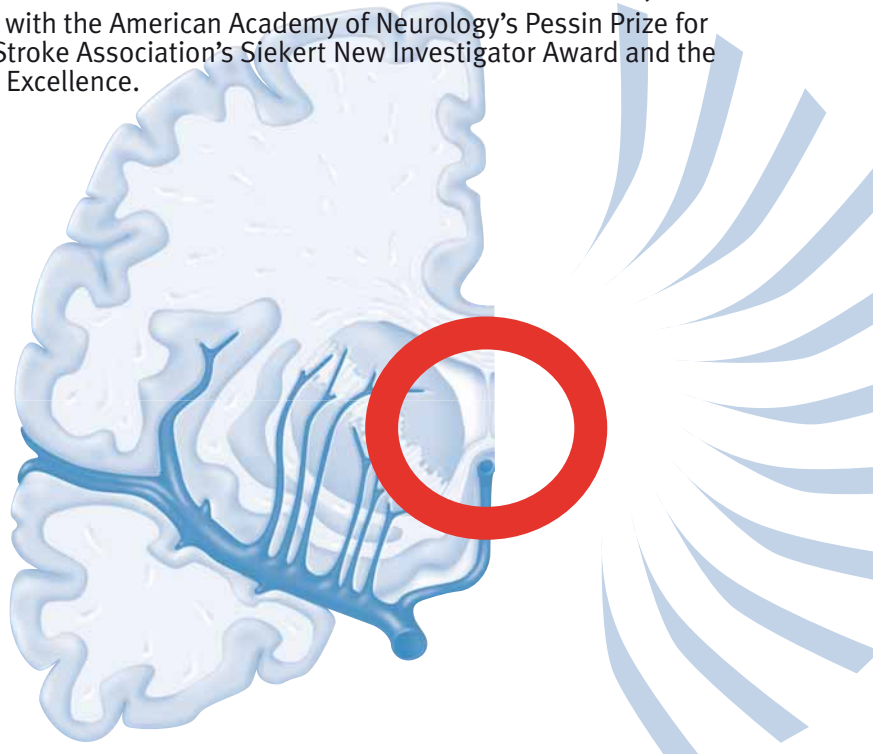
Ruth Bonita's interest in stroke began 30 years ago with the ARCOS study of stroke in Auckland. She remained at the University of Auckland until 1999 when she was appointed Director of the World Health Organization's programme on Surveillance of Chronic Disease. She developed the STEP wise approach to the surveillance of the major risk factors of chronic diseases, and used the same model, building on her Auckland experience, to help developing countries start to register strokes in a systematic and standardised way. She is back in Auckland and is an Emeritus Professor at the University of Auckland. Together with her partner and colleague, Robert Beaglehole, she was awarded an ONZM in 2005 in recognition of her contribution to public health.

Dr Clay Johnston

S. Claiborne Johnston (MD, PhD) is the Director of the Stroke Service at the University of California, San Francisco, where he is Professor of Neurology and Epidemiology. He received his undergraduate education at Amherst College and completed medical school at Harvard University. He received a PhD in epidemiology from the University of California, Berkeley.

Dr Johnston has published extensively in the prevention and treatment of stroke and transient ischaemic attack. He is perhaps best known for his studies describing the short-term risk of stroke in patients with transient ischaemic attack and identifying patients at greatest risk, and also for his work related to measuring the impact of research. He has led several large cohort studies of cerebrovascular disease and two multicenter randomized trials. Dr. Johnston is the Executive Vice Editor of the Annals of Neurology and has served on the editorial boards of several other journals.

He has been honoured previously with the American Academy of Neurology's Pessin Prize for Stroke Leadership, the American Stroke Association's Siekert New Investigator Award and the Feinberg Award for Clinical Stroke Excellence.





PRESENTERS

Dr John Gommans

Dr John Gommans is a General Physician and Geriatrician employed by the Hawke's Bay District Health Board. His major interest is in stroke medicine. As a General Physician he is actively involved in the acute management of people with stroke while as a Geriatrician he is also involved with ongoing rehabilitation and community services for those who return home to their families.

He is currently president of the NZ division of the Australia and NZ Society for Geriatric Medicine and is the Medical Advisor for the central region of the Stroke Foundation. He has an active interest in evidence based medicine and promoting best practice in stroke services. He is one of the authors of the 2003 NZ guideline for management of stroke, the stroke unit network of New Zealand protocols and the 2008 NZ TIA guideline. His research interests include pharmaceutical trials of acute neuro-protection and secondary prevention agents. He also supports academic trials on topics such as feeding after stroke (FOOD), vitamins to prevent stroke (VITATOPS), hypertension in the very elderly (HYVET) and blood pressure control in acute stroke (ENOS).

Dr Matire Harwood

Dr Matire Harwood (Ngapuhi) has clinical and research interests in Hauora Maori, stroke, respiratory disease and primary care. She currently works as Clinical Director at Tamaki HealthCare PHO, a Maori-led PHO in Auckland, and as Senior Research Fellow at MRINZ where she heads the 'Maori and Pacific Stroke Study'. Matire is completing her PhD investigating issues that occur during recovery for Maori with stroke and their whanau. She also authored the 'Maori and Stroke' section of 'Hauora: Maori Standards of Health IV 2000-2005'. Matire is mum to a beautiful two year old tamaiti, Te Rangiuira.

Dr Sandy Dawson

Sandy Dawson is a public health physician who joined the Health Funding Authority in 1999 as Chief Clinical Advisor, and then continued in the Ministry of Health. He works in the Sector Capability and Innovation Directorate providing a range of advice about long term conditions and wider clinical issues. His major interests are in quality improvement, and this has included a special focus on reducing the incidence and impact of diabetes.

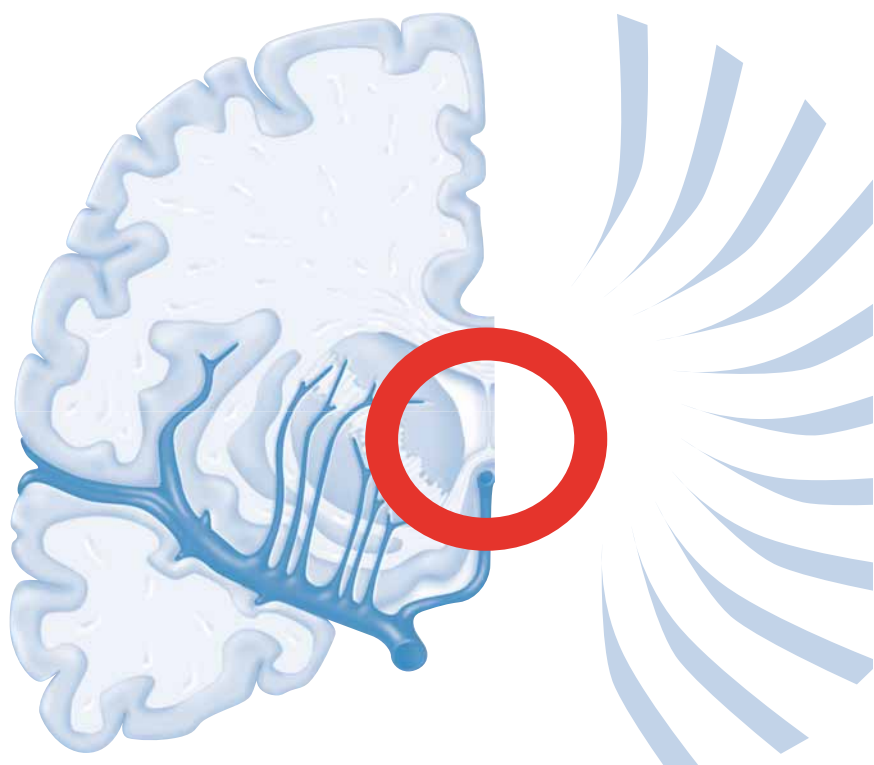
He graduated in medicine from Cambridge University, including a year studying social and political science. He spent two years in Otago in junior medical officer and primary care roles before joining the Royal New Zealand Air Force in 1981. In 1989 he moved to Air New Zealand continuing his interests in "human factors", safety, and occupational medicine. He was then the Corporate Medical Advisor for ACC, before joining the HFA.

Other presenters

Simone Newsham

Tamsin Gallie

Prof. Alan Barber



FEES & REGISTRATION FORM

To register and pay online, [click here](#)
or print off a copy and fax to Stroke Foundation at (04) 472 7091

	Early Bird (on/before 29 August 08)	Full fee (after 29 August)	Payment
Nurses Symposium	\$150	\$195	_____
Friday Forum	\$250	\$295	_____
2 day registration	\$360	\$450	_____
Half day registration		\$150	_____

Note

fees are inclusive of GST
fee includes morning tea, lunch and afternoon tea
cheques payable to Stroke Foundation of NZ

Title _____

Given name _____

Surname _____

Position _____

Organisation _____

Postal address _____

Telephone () _____

Email _____

Credit card payment

Please tick (✓) Mastercard Visa AMEX

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REDUCING RISK - Improving Outcomes

About Us

Stroke Foundation Mission - 'Reducing risk - improving outcomes'

Our vision is to

- save lives
- improve outcomes
- enhance life after Stroke

Since it began in 1980, the Stroke Foundation has created a network of over 40 Field Officers and 70 Stroke Clubs throughout New Zealand. This network provides information, understanding, care, support and rehabilitation for people with a stroke, their families and caregivers. We aim to help stroke survivors regain the best quality of life.

The Stroke Foundation promotes research into the causes of stroke, and improvements in stroke acute and rehabilitation services. We also work to improve stroke support in the community, as well as raising awareness of stroke symptoms and risks through stroke prevention information.

The Stroke Foundation is a non-profit organization and we rely on community support, donations and sponsorships to provide our services. We have about 3,500 stroke club members nationwide.



OF NEW ZEALAND INC

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