



Kia ora. Thank you for your support of our work.

Through the kindness of Kiwis like you, we can dedicate ourselves to reducing the devastating impact that stroke has on our community. Together, we are making a difference.

We hope you enjoy reading and will be inspired by what you have helped us achieve this year.



## From Catherine – our Chair

This past year has been one of renewal and transformation for Stroke Aotearoa, with much of the Board's work focused on the development of a new five-year strategy and preparing for implementation in FY26. Thank you to my fellow Board members and the Leadership Team for their contribution and insights during the strategic planning process, which sets the course for an impactful future, building on the strong foundations of the change programme in FY2024.

I acknowledge the leadership of Dr John Gommans, who stood down as Chair at our November AGM after 11 years of outstanding service. John's commitment, wisdom, and vision have left an enduring legacy, and we thank him sincerely for his exceptional contribution and leadership.

A significant milestone has also been the introduction of a new operating model. Stroke Aotearoa has returned to surplus, strengthening our ability to deliver our mission and invest in the future. This achievement reflects good governance and financial discipline, as well as the power of working in partnership with others to expand our reach and deepen our impact.

This year, we launched our new brand, part funded by a generous Gift in Will, and completed many of the associated projects that supported this mahi, including a new website and digital presence. This significant investment in our future gives us a stronger, clearer voice,

making it easier for people to connect with who we are and what we stand for. The new brand and change of name to Stroke Aotearoa New Zealand, have been warmly received by donors, communities, and stakeholders. They have opened new doors for partnerships, strengthened trust with those we serve, and inspired confidence in our ability to deliver lasting impact.

Like all NGOs, we are navigating a time of considerable change to the health and social system, with shifts in government policy creating new challenges and opportunities. Through it all, we have remained steadfast to our mission: to prevent stroke, improve outcomes, and save lives. For more than 45 years, we have been doing this mahi, and, while governments and policy come and go, our commitment to this cause does not waver.

Looking ahead to 2026, we remain committed to building on our strong foundations, driving change through collaboration, and ensuring that the voice of lived experience is central to all that we do. My thanks to all our generous supporters who believe in our mahi and to every member of the team at Stroke Aotearoa, for their passion and determination to make a real difference for the communities we serve.

Catherine Epps

Chair, Stroke Aotearoa



Like all NGOs, we are navigating a time of considerable change to the health and social system, with shifts in government policy creating new challenges and opportunities. Through it all, we have remained steadfast to our mission: to prevent stroke, improve outcomes, and save lives.

## From Jo – our CEO

I am incredibly proud of our team, who have shown dedication and resilience in reorientating the organisation through an extensive period of transformation. Their commitment to our cause and to the people we serve has been unwavering.

Firstly, to our generous donors, business partners, and supporters who make our work possible — thank you.

This year has been one of significant change and progress for Stroke Aotearoa. I am incredibly proud of our team, who have shown dedication and resilience in reorientating the organisation through an extensive period of transformation. Their commitment to our cause and to the people we serve has been unwavering.

I thank our Board for its guidance and support, especially through this time of change. I particularly acknowledge the Finance, Risk and Audit Committee and our Independent Advisor for their expertise in supporting the restructure of our business.

Several strategic initiatives stand out as milestones. We strengthened our workplace Health15 offering, tackling health inequities in high-risk industries; advanced the development of an NZQA Level 3 Certificate in Long Term Conditions with NGO partners; and unveiled our new brand and website at the staff conference in February. That moment ignited Te Ahi Tūmanako — the flame of hope — which will guide us for years to come.

The broader health and social sector continues to shift through changing government policy.

Our influence is growing through partnerships and alliances with NGOs and industry, ensuring

stroke is represented in national conversations. I especially thank our Lived Experience Advisory Panel, who ground our work in reality and challenge us to stay focused on what matters most.

We have also kept up our momentum in prevention and awareness, with greater emphasis on educating communities about the risks of stroke. At the same time, we are committed to continually improving systems and processes, ensuring that every dollar entrusted to us is maximised for impact.

To the team at Stroke Aotearoa – thank you for your passion and determination to create lasting change for the communities we serve.

Jo Lambert

CEO. Stroke Aotearoa

# Your year of impact – strength in numbers



Health15 services were

provided across seven

companies reaching

















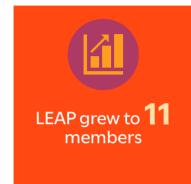




# Your year of impact – strength in numbers



We met with ministers and leaders of opposition parties





Two MOUs were signed with new kaupapa Māori partners







## Building equity

Not everyone has the same stroke risk, and not all stroke survivors have the same outcomes. Some are more vulnerable than others, particularly our Māori and Pacific communities, who experience strokes 15 years earlier than the national average, meaning they and their whānau will live with life-changing impacts for longer. Disparities in stroke rates and outcomes are driven by systemic inequities, access barriers to healthcare, and limited prevention support. This is why we are specifically partnering with Māori and Pacific communities to close the equity gap.

### Whakawhiti Ora Pai and Stroke Aotearoa – Reaching the Far North Together

Whakawhiti Ora Pai, the northernmost Māori health provider in Aotearoa, serves whānau across its three rural clinics in Pukenui, Te Kao, and Te Hāpua. Living in such an isolated part of the motu often means that access to healthcare can be challenging — but when services go the extra mile. it makes a real difference.

In November 2024, the Stroke Aotearoa Community Partnership team travelled to Kaitaia to deliver our mobile blood pressure testing service. Determined to reach further north, they continued their journey to Pukenui and Te Kao — ensuring even the most remote communities could benefit from their kaupapa.

"We were so thankful they made the effort to come up this far," says the Whakawhiti Ora Pai team. "Some of our whānau who popped in for a quick check ended up being referred to their GP for follow-up care. That visit may have saved lives."

The impact of Stroke Aotearoa's mahi has been deeply felt in the community.

For those in the Far North, this partnership between Whakawhiti Ora Pai and Stroke Aotearoa is more than a service — it's a lifeline, bringing care, connection, and hope to the furthest edges of Aotearoa.

Disparities in stroke rates and outcomes are driven by systemic inequities, access barriers to healthcare, and limited prevention support. This is why we are specifically partnering with Māori and Pacific communities to close the equity gap.



## 0800 4 STROKE free helpline

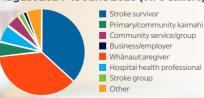


Stroke Aotearoa New Zealand launched the 0800 STROKE Helpline in September 2024 so that anyone can call for guidance, support, research, connection, and expert advice on stroke. Staffed by our Community Stroke Navigators, referrals aren't necessary: we receive calls from whānau, caregivers, community workers, and health professionals.

In less than a year, almost 1200 calls were received from Kiwis seeking information and advice about stroke. For many people with recent experience of stroke, this is often a vulnerable and confusing time of their lives.

Stroke Aotearoa is the only organisation in New Zealand able to take on this huge task, providing stoke-specific knowledge and expertise. We're grateful for our donors, whose generosity ensures we never miss a call.

#### August 2024 to June 2025 (1176 callers)



Staffed by our Community Stroke Navigators, referrals aren't necessary: we receive calls from whānau, caregivers, community workers, and health professionals.

## F.A.S.T. when every second counts

The faster treatment beains, the lower the risk of permanent brain damage and the better the chance of makina an excellent recovery. Sometimes. potential lifelong disability can be completely reversed.

F.A.S.T. encourages all Kiwis to learn the signs of stroke and to seek immediate help. It stands for Face drooping, Arm weakness, Speech difficulties and Take action – call 111 immediately. It's critical to recognise when someone is having a stroke and to seek urgent medical help. The faster treatment begins, the lower the risk of permanent brain damage and the better the chance of making an excellent recovery. Sometimes, potential lifelong disability can be completely reversed.

This financial year, in more than 100 workshops, presentations, and education sessions, we taught communities and organisations how to recognise the signs of stroke using F.A.S.T.

Thanks to funding from Health New Zealand, we were able to support community organisations to raise awareness of F.A.S.T., with priority placed on Māori and Pacific groups because research shows F.A.S.T. awareness and stroke recognition is at its lowest in these communities.

This life-saving message was also promoted through social media, at events, and on our website.

Kerikeri couple Johnny and Lizzie headed out for a bite to eat one afternoon, never thinking it was a possibility Johnny would suffer a stroke. Lizzie says it was all thanks to the F.A.S.T. fridge magnet that had taught her the signs to look for and her work caring for elderly stroke survivors that she was able to act quickly.

Johnny is now in Lizzie's full-time care. His outcome could have been worse had Lizzie not recognised the signs of stroke from the outset. She says the importance of swift action can't be underestimated.



## A weight lifted for Phil

Despite carrying a lot on his shoulders, Phil from Whangārei had the world at his feet.

His busy life included caring for a son with complex medical needs, and Phil turned to body-building as a way to care for his own wellbeing.

Sadly, Phil's world was about to get a lot smaller before he achieved his goal of competing in his first competition.

Phil would experience two strokes, the first while he was training in the small hours of the morning. Phil stresses how important it is to seek urgent medical help.

Because Phil had his stroke lying down, he lost vital time getting the help he needed. Sadly, he would need to learn to walk and talk again. Life wasn't easy, but he had a strong network, including a Community Stroke Navigator, who helped him find a local stroke support group.

"I was the youngest there by about 30 years!"

Phil found an ingenious way to improve his walking.

"I kept drifting to the right... I thought, 'If I get a dog, I'll hold him on my left, and he'll straighten me up.'

It worked!

Bailey was instrumental in his recovery.

"He was my saviour, to be honest. I owe a lot to him."

Phil does less of the heavy lifting now.

"I've just got to make sure I'm here for a long time for my children. If that means slowing down, so be it."



Phil had two strokes and had to learn to walk and talk again. Life wasn't easy, but he had a strong support network, including a Community Stroke Navigator, who helped him find a local stroke group.

"If I'd hit my
head and then
had a stroke,
ACC would
have covered it.
I rushed back
to work sooner
than I should
have."

- Megan

The fight of Megan's life

Having completed a marathon, Megan hoped to go on holiday, but a gym warm-up changed all that.

Megan was a fit, active mum and personal trainer

when her world came crashing down.

"It felt like my head was going to explode. I was trying to signal for help, but I couldn't talk because the pain was intense."

Eventually, someone noticed Megan and called an ambulance.

A CT scan revealed Megan had experienced a haemorrhagic stroke. Megan was shocked to learn that, left untreated, it could cause permanent brain damage or death.

"I argued with them! I said, 'No. I haven't had a stroke! I've had a little brain bleed.' They replied, 'Yes. that's a stroke.'"

Getting back to normal wasn't easy after being discharged 10 days later. Leg pain, combined with ongoing dizziness and headaches, made it tough to walk, and money was tight.

Stroke Aotearoa is advocating for better stroke rehabilitation and support for survivors like Megan



who don't qualify for accident compensation.

"If I'd hit my head and then had a stroke, ACC would have covered it. I rushed back to work sooner than I should have."

Megan personally funded rehabilitation sessions and offered personal training services online.

Stroke Aotearoa is advocating for better stroke rehabilitation and support for stroke survivors like Megan who don't qualify for ACC.

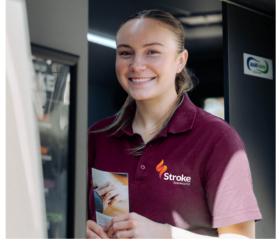
Megan considers herself 90% recovered and hopes sharing her story will inspire others to stay strong.

"Don't give up on yourself and your recovery," she says.

## In this together

Our Community Stroke Navigators (CSNs) are at the front-line of our vital work. They provide essential information and guidance to help prevent stroke, identify risk factors, and assist survivors and their loved ones with navigating the complex health and disability system.

In the 2025 financial year, CSNs provided 3161 free blood pressure (BP) tests and 1316 free atrial fibrillation tests across Aotearoa, specifically in our most vulnerable communities where far too often people have no knowledge of their stroke risks. A sobering 72% of these BP tests were above normal, and 3% were at crisis level. Given unmanaged high blood pressure and undiagnosed atrial fibrillation are two of the major risk factors for stroke, these tests are the catalyst for people to make positive lifestyle changes. Everyone tested by our CSNs received advice on maintaining healthy blood pressure, and those with a BP result outside the normal range received free guidance and resources, made possible by supporter donations.



Our CSNs also provided 1:1 services to more than 2,000 people, either by phone or face to face. Of the 791 high-need client referrals from health providers and whanau, there was a 5% increase in the number of people who identify as Māori, reflecting the work we have been doing to raise awareness of our services in Māori communities.

Everyone tested by our CSNs received advice on maintaining healthy blood pressure, and those with a BP result outside the normal range received free guidance and resources, made possible by supporter donations.



Together is better

Health15 is a health and wellbeing initiative led by Stroke Aotearoa and our construction industry partner, The Building Intelligence Group (TBIG).

Health15 is a paid-for service for employers that offers their workforce free blood pressure tests and personalised wellbeing advice to lower their risk of stroke and other conditions, like heart disease, cancer, and diabetes. Originally focused on the construction industry, Health15 is now expanding to help workers across all sectors, particularly where risk factors are high.

Eighteen Health15 services were provided across seven companies reaching 478 people this past financial year, and through social media alone we had nearly 8000 interactions about the service with the public.







#### Michael's story\*

Michael is a health and safety professional, responsible for the welfare of more than 800 employees. Taking advantage of the Health15 service at a conference he attended, he never thought he was at risk of a stroke.

"It's a bit like the mechanic's car or the builder's home. You look at your own stuff last."

Michael says that the Community Stroke Navigator who tested him was brilliant, and he could tell that when she read his BP result that he would need to listen up. "She said, 'Look you need to go and see a doctor now.' And I said, 'Oh yeah. I'll do it next week.' And she's like, 'No, you need to go today!"

Michael's results showed he was close to hypertensive crisis, which meant he needed urgent medical attention. Michael has since made some healthy lifestyle changes while putting strategies in place to manage his stress. Now on blood pressure medication, he tests his blood pressure at home twice a day and understands how important it is to always take his medication as prescribed. This means that Michael can look forward to a healthy future.

"She said, 'Look you need to go and see a doctor now.' And I said, 'Oh yeah. I'll do it next week.' And she's like, 'No, you need to go today!'"

### Louise's story\*

Married for 40 years, grandmum Louise works for a big government organisation.

Louise says her job is, "my last swan song before I retire."

Had she not been checked by our Health15 team, retirement could well have come earlier.

Originally a nurse, Louise knows the importance of looking after herself.

"I've got a good GP. I'd seen him six months ago. I didn't have any medical issues. I'd just run a half marathon."

But there was an issue.

Louise was, "absolutely gob-smacked" when her blood pressure reading was 200 over 140.

After our Community Stroke Navigator repeated the blood pressure tests several times, and with the results remaining very high, Louise called her GP, who told her to head to hospital straight way. She walked into hospital feeling like a fraud. However, even after taking medication, her blood pressure was still high, and she started feeling more unwell. She was scared that she might end up being a burden for her daughter. Fortunately for Louise, medication has sorted out her blood pressure issues, and she is being regularly monitored by her GP. She's out running again.

"I honestly believe going to that van that day saved my life."

<sup>\*</sup>Names have been changed for client confidentiality.

### Never alone

There are stroke support groups operated by volunteers throughout Aotearoa, where stroke survivors and their carers can connect with others in their community affected by stroke. Stroke groups meet regularly and often incorporate exercise programmes, morning teas, and social events into their activities. We often refer people to local stroke support groups, provide information, and give talks about our work in the community.

Stroke Aotearoa provides half-day Life After Stroke Workshops in communities across Aotearoa, helping people adjust to life after stroke, helping them reduce their risk of having subsequent strokes, and discussing other relevant topics.

20



Stroke groups meet regularly and often incorporate exercise programmes, morning teas, and social events into their activities.

## Return to Work

At hospital, Robert was introduced to our RTW service. He found this support invaluable. Robert and his RTW Advisor worked together to find the best way for him to go back to work without compromising his recovery.

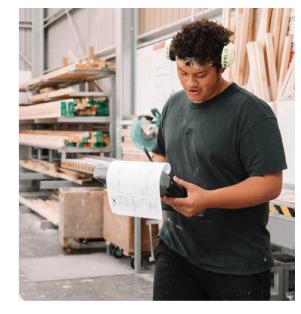
Our Return to Work (RTW) Advisors assist stroke survivors by providing employment and work-related advice and support so they can confidently re-enter the workforce. This service is funded by the Ministry of Social Development, meaning we can offer it free to stroke survivors who meet the eligibility criteria set by MSD. In FY2025, our RTW service supported 327 clients (almost a 100% increase compared to the previous financial year).

Sixty-seven clients returned to work with our support this financial year, including Robert.

Robert experienced a stroke in November 2024. He was working as a municipal engineer and living a healthy lifestyle, so it came completely out of the blue and resulted in him losing the full use of one side of his body.

At hospital, Robert was introduced to our RTW service. He found this support invaluable. Robert and his RTW Advisor worked together to find the best way for him to go back to work without compromising his recovery.

There was personal and financial pressure to return quickly.



With his Advisor's support, Robert started a gradual return to work plan in January 2025. Beginning with three half days, he has steadily increased this amount. He now works four days a week, and credits both his RTW Advisor and his wife for his strong recovery.

"My wife has been my nurse, and she's been wonderful," Robert says. "And when people can't rely on family support, it's when an organisation like Stroke Aotearoa becomes even more important."

21

# Advocacy: Championing you

Advocacy is essential to increase stroke awareness, affect positive change in government policy, and raise our profile with the public and key decision-makers.

Stroke Aotearoa continues to champion the rights of the 89,000 people living with stroke in our country. This financial year, we met with ministers, opposition politicians, and officers of the crown. We also made submissions on proposed legislative changes and participated in government advisory and working groups.

We continued to lead the Trans-Tasman Salt Research Network to affect policy changes to reduce salt content in processed foods. We have a seat on the National Stroke Network (NSN), the Health Minister's national network of inter-professional clinicians, Health New Zealand operational managers, and consumer representatives focused on the delivery of high quality, sustainable, and comprehensive stroke services from primary prevention through to post-stroke community services for all New Zealanders. We have provided input to

NSN quality improvement workstreams covering data and digital, workforce, rehabilitation and recovery, and prevention and awareness – all focused on reducing unwarranted variation in stroke prevention and care.

Our Lived Experience Advisory Panel (LEAP) goes from strength to strength. This diverse group represents the interests and viewpoints of stroke survivors and carers, so that we can better influence, debate, and advance policy and evidence-based service delivery. LEAP's numbers grew to 11 this year, and this amazing group of champions has been asked to provide input to the NSN's work programme – which would simply not be possible without the gift of their time and supporter donations

Advocacy is essential to increase stroke awareness, affect positive change in government policy, and raise our profile with the public and key decision-makers.



## Mark faces his mountain

Once bound to a wheelchair. Mark Ford has set himself the challenge of running the equivalent of Mount Everest to raise awareness of stroke and to give hope to survivors and their families.

An avid runner, Mark was only 41 when he had a stroke. Left paralysed down one side of his body. he couldn't speak or swallow and suffered severe migraines.

"Back then, a marathon for me was re-learning to tie my shoelaces, to button my shirt, to walk unaided. I'll never forget my sense of achievement when I conquered them."

Mark started running again five months after his stroke. He's tackled several long-distance mountain runs, yet nothing beats his latest challenge: running three ultra-marathons, all while raising awareness of stroke and money for Stroke Aotearoa's programmes.

"It was a challenge," Mark admits, "but nothing like overcoming a stroke."

"Nearly every stroke survivor, like I did, needs



access to critical treatments like physiotherapy, rehabilitation equipment, modifications to their home or car, or support to return to work. Without Stroke Aotearoa, more stroke survivors would fall through the cracks."

As well as what he's learnt from his physical and fundraising challenges, he also brings extensive business and financial experience in his role as Board Director for Stroke Aotearoa, And more than anything, Mark wants to inspire others.

"We can do more than we think we can. Whatever your marathon is – from brushing your teeth, taking a few steps on your own, getting back to work, or going for a swim - you can do it."

"Back then. a marathon for me was relearning to tie my shoelaces, to button my shirt, to walk ungided. I'll never forget my sense of achievement when I conquered them."

- Mark

# Candice's road to recovery

"It was a massive trauma Host more than a third of mv right frontal lobe, which is responsible for the movement on the left side of my body."

- Candice

Candice was just 35 years old when life took an unexpected turn. One second, she was milking cows, the next she felt dizzy and collapsed, and her devastating stroke left her partially paralysed.

"It was a massive trauma. Host more than a third of my right frontal lobe, which is responsible for the movement on the left side of my body."

Stuck in a tiny hospital room for months, relearning how to simply care for herself, Candice felt robbed of her dignity.

Ten years on, she's forged a new life for herself – not the one planned, but one she is grateful for. Asked what motivated her to work so hard at her recovery Candice says it was her boys and her youth.

Candice's road to recovery has been a long one, and, with a great can-do attitude, she's covered plenty of ground, literally.

To mark the 10-year anniversary of her stroke, Candice recently set off on her greatest journey of all - the Great Wall of China Trek to raise money for Stroke Aotearoa. Pushing herself to her physical

limits. Candice proudly accomplished her goal with the support of the whole team around her.

"Even after all these years, my balance issues remain a challenge, but there is still so much life to be lived."



### STATEMENT OF COMPREHENSIVE REVENUE AND EXPENSE

For the year ended 30 June 2025

	JUNE 2025	JUNE 2024
Income		
Revenue from Exchange Transactions		
Contracts	979,774	1,027,742
Rental Income	95,960	108,291
Sales	13,639	38,078
Total Revenue from Exchange Transactions	1,089,373	1,174,111
Revenue from Non-Exchange Transactions		
Bequests	2,273,761	1,178,446
Donations	1,820,593	1,991,691
Grants	1,221,370	1,070,570
Depreciation Recovered	-	14,512
MSD Income	-	77,118
Investment Income	65,733	88,838
Total Revenue from Non-Exchange Transactions	5,381,457	4,421,175
Misc Income	72,229	-
Total Income	6,543,059	5,595,286
Operating Expenses		
Audit fees	35,987	30,441
Depreciation	121,152	109,537

Net Trustees Income for the year	1,496,532	(721,034)
Total Comprehensive Revenue and Expenses for the year	1,496,532	(721,034)
Total Surplus/(Deficit) for the year	1,496,532	(721,034)
otal Allocations made	19,358	25,587
JGS Reid Fund	4,627	3,747
Northland Bequest Fund	14,732	21,839
Allocations made		
Surplus/(Deficit) for the year before grants	1,515,890	(695,447)
otal Operating Expenses	5,027,169	6,290,733
Sundry Expenses	16,378	-
Staff Remuneration	3,241,493	4,266,187
Property Expenses	147,668	247,499
Operations	543,261	968,055
Investment Expenses	5,369	8,154
Information Services	204,602	59,424
Governance	19,947	18,223
Fundraising Expenses	645,738	526,592
Finance & Accounting	25,997	52,693
FAST Campaign	1,572	3,836
Loss on Disposal of Fixed Assets	5,506	92
Amortisation of Intangible Assets	12,500	-

ANNUAL REPORT 2024–25 STROKE AOTEAROA NEW ZEALAND ANNUAL REPORT 2024–25 STROKE AOTEAROA NEW ZEALAND 29

### **BALANCE SHEET**

### As at 30 June 2025

	JUNE 2025	JUNE 2024
Assets		
Current Assets		
Cash and Cash Equivalents	2,031,122	437,834
GST Receivable	22,007	-
Receivables (from exchange transactions)	102,410	256,068
Prepayments	10,842	21,395
Investments Current	118,821	-
Total Current Assets	2,285202	715,297
Non-Current Assets		
Fixed Assets	2,143,069	2,078,241
Intangible Assets	47,500	-
Investments	247,260	614,277
Investment Property	746,918	757,440
Total Non-Current Assets	3,184,748	3,449,958
Total Assets	5,469,950	4,165,255
Liabilities		
Current Liabilities		
BNZ Credit Cards	13,375	12,407
Payables (from exchange transactions)	350,704	248,615

Total Equity	4,729,282	3,232,750
Tauranga Bequest Reserve	363,669	-
Northland Bequest Reserve	221,613	465,596
JGS Reid Fund	16,232	77,089
Revaluation Reserve	1,060,563	1,060,563
Accumulated Funds	3,067,205	1,629,503
ity		
Assets	4,729,282	3,232,750
Liabilities	740,667	932,505
Total Non-Current Liabilities	236,864	474,700
ncome Recieved in Advance	236,864	30,591
oans	-	444,109
Current Liabilities		
Total Current Liabilities	503,803	457,805
BNZ Loan - Current Portion	-	6,502
PAYE Payable and employee benefit liabilities	-	40,681
Accrued Holiday Pay	139,725	140,542
GST Payable	-	9,058

ANNUAL REPORT 2024–25 STROKE AOTEAROA NEW ZEALAND ANNUAL REPORT 2024–25 STROKE AOTEAROA NEW ZEALAND 31

## Bequests thanks

We're deeply thankful to those who have left a gift in their Will to Stroke Aotearoa New Zealand. Their legacies bring hope, support, and lasting change for stroke survivors and their whānau.

#### Will you consider leaving a gift in your will to help future generations?

Estate of Fav Campbell Estate of Daphne Joan Wills Estate of Robin Russell Estate of Alison Wagstaff Estate of Mary Chan

Estate of Donald Eric Jeffery Estate of Lloyd Christie

Estate of Olivia Anne Grose

Estate of Brenda Ann Joyce

Estate of Joan Grace Lee

Estate of Frederick Thomas Rocker Estate of Patricia Margaret Fitzgerald

Estate of Owen Cocker

Estate of Randal Murray Heke

Estate of Joan Rogers

Estate of John Archibald Scott

Estate of Joy Mavis Rodgers

Estate of Norma Patricia Stevenson

Estate of William Ernest Cooke

Estate of Johan Fland Hartzuiker



Estate of Gwyneth Rocker Estate of John William Newsham Estate of Hector McDonald Gilmour

Estate of Alan Herbert Kerby Estate of Annette Valerie Reidv

Estate of Peter Bryan Weir

Estate of Anne Patricia Campbell

Estate of Florence Stone

Estate of Susan Walsby

Estate of Ronald James Benge

Estate of Movna Elizabeth Abbott

Estate of Henderika Heika Bulder

Estate of Desmond James Leahy

Estate of Cristine Ann Stevenson

Estate of Joan Alison Meyer

Estate of Carolyn Frances Huxtable

Estate of John Alexander O'Sullivan

Estate of Helen Beatrix Robert Shaw

Contact our gifts-in-wills specialist, Jo Prestwood beguests@stroke.org.nz

#### **MAJOR PARTNERS:**





#### lane neave.





## Trusts & grants thanks Thank you for your generous support. Your funding has made a meaningful impact, empowering us to advance our mission and serve our community more effectively. We deeply appreciate your commitment.

**MAJOR FUNDERS:** 





THE LION FOUNDATION

A D Hally Estate - Perpetual Guardian

Acorn Foundation

Acorn Trust - Public Trust

Advance Ashburton Community Foundation

Alex McLean Charitable Trust

Aoraki Foundation

Aotearoa Gaming Trust

Elsie & Ray Armstrong Trust

B & C Hodgson Charitable Trust

RayTrust

Central Lakes Trust

Charities Aid Foundation

Christchurch Casino Charitable Community Trust

Clark Charitable Trust - BDO Gisborne

Community Trust of Mid and South Canterbury

Community Trust South

DV Bryant Trust

David Ellison Charitable Trust - Public Trust

Dragon Community Trust

E M Pharazyn Charitable Trust

Fastern & Central Community Trust

Esme and Tom Tombleson Charitable Trust

Endowment Trust - Perpetual Guardian

Estate of Gordon Lindsey Isaacs – Perpetual Guardian

Eva & Harold Wilson Charitable Trust - Perpetual Guardian

FH Muter Charitable Trust

First Light Community Foundation

Four Winds Foundation

G A Waddell Charitable Trust – Perpetual Guardian

Gevser Community Foundation – Sam Millward Fund

Geyser Community Foundation – Wallace Holmes Fund

Good in the Hood

Healthcare Otago Trust

Higgins Beguest Trust

Hutt City Council - Mouri Ora Fund

ILT Foundation

JBS Dudding Trust – Public Trust

Kingdom Foundation - Perpetual Guardian

Kiwi Gaming Foundation

Lions Club of Cambridge

I. W Nelson Charitable Trust - Public Trust

Mainland Foundation

Milestone Foundation

NZ Community Trust

Olive Stoddard Charitable Trust

Otago Community Trust

Oxford Sports Trust

P A Blackmore Charitable Trust - Perpetual Guardian

P H Vickery Charitable Trust

Rano Community Trust

Rata Foundation

Rodmor Charitable Trust

Rotorua Trust

Roy Owen Dixey Charitable Trust - Public Trust

Rovston Health Charitable Trust

Ruby & Arthur Hingston Charitable Trust

- Perpetual Guardian

South Canterbury Trusts – Perpetual Guardian

Southland Care & Welfare Trusts - Perpetual Guardian

Stewart Family Trust – Perpetual Guardian

Taranaki Foundation

TECT Community Trust

The Phillip Verry Charitable Trust

The Trusts Community Foundation

Trust House Foundation

Trust Tairawhiti

Trust Waikato

The Molly Fulton Family Fund – Trustees Executors

We Care Community Trust

WEL Energy Trust

Whanganui Community Charitable Trust

Whanganui Community Foundation

Wilks Charitable Trust - Perpetual Guardian

W N Pharazvn Charitable Trust

West Coast Community Trust

Whanganui Community Charitable Trust

Whanganui Community Foundation

WN Pharazyn Trust

ANNUAL REPORT 2024–25 STROKE AOTEAROA NEW ZEALAND

26 ANNUAL REPORT 2024–25 STROKE AOTEAROA NEW ZEALAND



Helpline 0800 STROKE (0800 78 76 53)

Estrokenz@stroke.org.nz | Wstroke.org.nz | Registered Charity Services Number: CC49490

Te Ahi Tūmanako