

GIFT IN WILLS

Leave a bequest to help fight stroke



STROKE
FOUNDATION • NZ

WE NEED YOUR HELP

HELP US TO PREVENT STROKE, IMPROVE OUTCOMES AND SAVE LIVES

Stroke is New Zealand's second single biggest killer and the leading cause of serious adult disability.

Each year, over **11,000** Kiwis experience a stroke – that's **one person every 45 minutes**. Research shows that over the next decade, this is projected to rise by **40%**.

With your help, we're committed to creating a New Zealand where significant steps are taken to reduce the number of strokes, everyone understands and responds to key risk factors, and anyone affected by stroke is supported and empowered.

Your Will reflects who you are, your values, how you want to be remembered and what you care about most. It also determines how you'll affect the world after you've gone.

By including the Stroke Foundation of New Zealand in your Will, your thoughtful decision will make a lasting difference in the future.

Your legacy will be saving thousands of lives each year and helping to prevent stroke for generations to come.



YOUR GIFT CAN MAKE A REAL DIFFERENCE

The Stroke Foundation is a national charity in New Zealand solely dedicated to the prevention of and recovery from stroke.

For over 40 years, we have actively promoted ways to avoid stroke and dedicated ourselves to working closely with stroke survivors and their families across the country.

Your bequest will help the Stroke Foundation to:

- provide critical support services to stroke survivors, as well as their family / whānau and carers, to ensure the best possible outcomes
- increase New Zealand's awareness of stroke risk factors and provide vital information to dramatically reduce the incidences of stroke
- increase New Zealanders' ability to recognise and respond to the onset of a stroke, which is so important for effective treatment
- expand stroke services and people's access to preventative and post medical support.



HEALTH PROMOTION

Our dedicated Health Promotion team raises awareness of the risk factors of stroke and promotes the many ways to reduce these risks. We have resources and programmes for priority groups too, including Māori and Pacific communities. Our Health Promotion team also manages and operates our Big Blood Pressure Check Vans, which travel the country offering free blood pressure checks to thousands of New Zealanders each year.

COMMUNITY STROKE ADVISORS

Community Stroke Advisors (CSAs) are available across New Zealand to work with stroke survivors, their family / whānau and carers. Their role ensures people achieve the best possible outcomes after stroke.

NATIONAL STROKE NETWORK

A clinical network with representation from health professionals and management across New Zealand, the Network's key objectives are to provide a strategic direction for stroke services, develop and promote best practice and quality assurance for the treatment and care of people who have had a stroke and to provide clinical guidance on high level issues.



LEAVING A BEQUEST

HERE'S WHAT YOU NEED TO KNOW

The best way to leave a monetary gift is through a residuary bequest. This is what remains after all your other provisions have been made, enabling you to put your loved ones first. A residuary bequest keeps up with inflation, and is the most effective way to provide a gift to the Stroke Foundation.

SAMPLE WORDING

I give to the Stroke Foundation of New Zealand the sum of \$XXX / residue of my estate / description of property of assets for:

- a. its general purposes OR
- b. the specific purpose of [insert here]. ¹

And I declare that a receipt will be given by the Chief Executive Officer or an authorised officer of the Stroke Foundation of New Zealand. This shall be a full and sufficient discharge to my trustees.

¹ Please discuss any specific purpose with the Stroke Foundation prior to making your Will, as it is important to ensure that there will be no difficulty in using the bequest for that purpose.

NAN PATTERSON

Four decades ago, Nan Patterson lost her mother to stroke. In the years since, she has also seen several close friends experience stroke and face a number of challenges.

These tragic circumstances have not only influenced Nan to better look after herself, but she wants to ensure future generations are not effected by stroke the way her mother and friends were.

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THE STROKE FOUNDATION IS LEADING THE WAY IN CREATING BETTER SUPPORT FOR STROKE SURVIVORS IN NEW ZEALAND AND PROVIDING INCREDIBLY USEFUL INFORMATION ABOUT HOW TO PREVENT A STROKE. IF YOU WERE CONSIDERING PUTTING THE STROKE FOUNDATION IN YOUR WILL, I'D SAY JUST DO IT! NO MATTER WHAT AMOUNT IS BEQUEATHED, IT WILL HELP ENORMOUSLY.

- Nan Patterson



DR JONATHAN BASKETT

Even as a junior doctor, Jonathan was concerned about the plight of people affected by stroke. Jonathan's father was also a doctor, and through his work, Jonathan saw the lack of care and support for stroke survivors decades ago.

After post-graduate studies in the UK, he returned to New Zealand as a consultant physician at Middlemore Hospital, Auckland, and quickly began implementing changes.

Since then, Dr Baskett has been a leading advocate for better stroke care and services. He has been involved with the Stroke Foundation at all levels, locally and nationally, and we are honoured to have him as our bequest patron.

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A GIFT IN YOUR WILL CAN HELP ENSURE THE STROKE FOUNDATION CREATES A FUTURE WITHOUT STROKE.

- Jonathan Baskett





THANK YOU FOR CONSIDERING THE STROKE FOUNDATION IN YOUR WILL

We recommend you consult
your solicitor before making any
changes to your Will.

If you have any questions or
would like more information
about how to include the Stroke
Foundation of New Zealand in
your Will, please contact our
Bequest Coordinator.

0800 STROKE (0800 78 76 53)
bequests@stroke.org.nz