



May 24, 2022

Wellington

## **Budget 2022 misses key players in community-based healthcare, says Stroke Foundation**

*For immediate release*

The Stroke Foundation of New Zealand says that Budget 2022 offers very little support to the hundreds of health-related NGOs struggling to provide services to people “falling through the cracks” within the New Zealand Health System.

The funding of \$102 million which has been set aside for community healthcare, makes up a mere 0.9% of the record \$11.1 billion funding announced for the health sector in Aotearoa and fails to recognise how health-related NGOs currently subsidise the health system to the tune of \$2 billion per annum.

"\$102 million for community healthcare services still means there is gross underfunding of services provided by the NGO sector," said Jo Lambert, Chief Executive of the Stroke Foundation.

With over 9,500 strokes experienced in Aotearoa every year, the brain-related disease is the single biggest cause of serious adult disability in the nation.

"Stroke is a devastating condition that affects the lives of thousands of New Zealanders. As Aotearoa's only national charity focused on preventing strokes, improving outcomes, and saving lives after stroke, the Foundation is currently fighting a growing tidal wave of strokes, with very little support for our mahi," says Jo.

### **The Sorry State of Health-based NGOs**

The wealth management firm, JBWere, in their report titled "The New Zealand Cause Report", shed a stark light on the difficulties faced by health-based charities and NGOs operating in Aotearoa.

One in five health-based charities has experienced a more than 50% drop in their revenue in 2021, following the pandemic-induced recession, despite increased demand for services. Half of all health-based charities experienced a drop in revenue greater than 20%.

The 'State of the Sector' survey by ComVoices states that post-pandemic, 80% of all charities were battling increasing demand for services.

### **The Way Forward**

The Stroke Foundation welcomed the positive developments arising from the record health funding proposed, highlighting the emphasis on health outcomes for Māori, the intent to improve collaboration within the health system, and the removal of barriers to health equity such as the “postcode lottery”.

**PO Box 12482, Wellington 6144 | 1st Floor Thorndon Rise, 95 - 99 Molesworth St, Wellington 6011  
(04) 472 8099 | Freephone 0800 STROKE (0800 78 76 53) | [strokenz@stroke.org.nz](mailto:strokenz@stroke.org.nz) | [www.stroke.org.nz](http://www.stroke.org.nz)  
Charities Commission number CC49490**

The shift to focussing on better, earlier care, the Foundation said, is an opportunity to recognise the critical role played by community health services in relieving the pressure on the health system.

The Stroke Foundation reiterated the need for the Health System to partner with health-based NGOs to deliver positive outcomes for all people in Aotearoa.

- ENDS -

#### Sources

- John McLeod and John Morrow for JBWere (2021), "[2021 New Zealand Cause Report](#)"
- ComVoices (2021), "[State of the Sector Report 2020](#)"
- Stats NZ (2020), "[The contribution of non-profit institutions in New Zealand](#)"

#### Notes to editors

- While stroke is the leading cause of disability and the second-biggest single cause of death in New Zealand for all adults, Indigenous, and ethnic minority groups are disproportionately impacted.
- Ultimately, 75% of all strokes are preventable and high blood pressure is the leading risk factor for stroke, that is modifiable.
- Diets high in salt are a leading cause of high blood pressure, with New Zealanders estimated to eat double the recommended amount of salt in their daily diet. Other common causes of high blood pressure include being overweight, smoking, drinking too much alcohol, not exercising and diabetes.

#### Media enquiries:

The Stroke Foundation of New Zealand

Alan John Koshy, Media and Communications Advisor, [alan.koshy@stroke.org.nz](mailto:alan.koshy@stroke.org.nz) / 027 506 9822

#### About the Stroke Foundation of New Zealand

The Stroke Foundation is a national charity in New Zealand focused on the prevention of and recovery from stroke. For over 40 years we have actively promoted ways to avoid stroke and dedicated ourselves to working closely with stroke survivors across the country. The generosity of New Zealanders enables us to help thousands of stroke survivors every year; providing them with critical services to ensure the best possible outcomes – not just for themselves, but also their family/whanau and carers too. To find out more about the Stroke Foundation, go to [www.stroke.org.nz](http://www.stroke.org.nz)