

AHAKOA TE TOHU O TE RORO IKURA WAEA TONU ATU KI 111

F



FACE

KUA TĪTAHA RĀNEI TĒTAHI
TAHA O TŌNA KANOHI?

A



ARM

KUA NGOIKORE TĒTAHI RINGA?

S



SPEECH

KUA PARURE, KUA KUNANU, KUA
NGARO RĀNEI TŌNA REO?

T



TAKE ACTION
WAEA TONU ATU KI 111.
HE POTO TE WĀ!

KIA MAUMAHARA, AHAKOA TE TOHU O TE RORO IKURA,
WAEA TONU ATU KI 111 KIA PAI AI TE WHAKAORANGA O TE
TANGATA

He aha te mea nui o tēnei ao? **He tangata, he tangata, he tangata!**

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Te Whatu Ora
Health New Zealand