

SEE A STROKE

F

FACE

DROOPING

A

ARM

WEAKNESS

S

SPEECH

DIFFICULTY

T

TIME

TO **CALL 111**

STROKE
FOUNDATION

OF NEW ZEALAND

See a stroke. Look for these signs.

F



FACE

Is their face drooping on one side?
Can they smile?

A



ARM

Is one arm weak? Can they raise both arms?

S



SPEECH

Is their speech jumbled or slurred?
Can they speak at all?

T



TIME

Time is critical.
Call 111.

**If you see any of these signs,
call 111 immediately.
Getting help fast means a better
chance of recovery.**