



Workplace Toolkit

Case Study Videos Prompt

Below are some prompt questions you may choose to use to guide discussion after watching one of the case study videos during your F.A.S.T. meeting.

Mau (BE STROKEWISE – know your risk)

- How did Mau's life change after his stroke?
- Who does Mau have more respect for now?
- What do you need to check regularly?

Raoul (2021 F.A.S.T. – Raoul)

- What made Raoul realise something was wrong?
- Who helped Raoul – who acted F.A.S.T.?

Va'alelei (2021 F.A.S.T. – Va'alelei)

Note this is in Samoan – ensure you have a large screen so everyone can read subtitles if not a Samoan speaking audience)

- Where was Va'alelei when his stroke occurred?
- What was crucial for Va'alelei to be here today?

Phoenix (2021 F.A.S.T. story – Phoenix)

- How could Phoenix have been affected if the ambulance wasn't called?
- What was Phoenix's biggest learning?